

# 19th European Symposium of Organic Chemistry (ESOC XIX)

## Social Programme

### HISTORICAL LISBON TOUR

**When: Wednesday, 15 July**

Time: 15:30-18:30

Price: € 42,00 per person (Minimum of 20 participants)

Leave from: Lisbon University Campus

End at the: centrally located drop off points by the official hotels



Visit this remarkable City, with nearly 2.500 years of history. Marvel through its downtown and historical districts. Highlights of this tour include the 12th century fortress of St George's, located on top of one of Lisbon's seven hills, overlooking the downtown, the Tagus River and the former Moorish quarter of Alfama, where still exist buildings that have survived the 1755 big earthquake. Then, west of Lisbon, visit the historical Belem, home of the shipyards where, in the 15th century were built the Portuguese Caravelas (sailing boats) and from where expeditions departed to find the maritime ways to Africa, Asia and Brazil, in glorious sea adventures that have compared the Portuguese navigators with the American first astronauts. In Belem, will visit the Jeronimos's Monastery, a master piece of the Manueline style, and stop by the famous landmarks Belem Tower and the Monument to the Discoveries. Return to the University.

## **SINTRA – A UNESCO WORLD HERITAGE SITE**

**When: Wednesday, 15 July**

Time: 15:30-19:00

Price: € 58,00 per person (Minimum of 20 participants)

Leave from: Lisbon University Campus

End at the: centrally located drop off points by the official hotels



Depart by coach for a drive along the highway towards Sintra a romantic village situated on the top of the hill with the same name. Sintra is considered one of the most beautiful places in Portugal and a UNESCO World Heritage Site. We will visit the Palácio Nacional da Pena (The Feather Palace) and enjoy some free time to discover the narrow lanes with boutiques and picturesque cafés. Return to Lisboa

## **ARRABIDA MOUNTAIN & THE SOUTHERN LISBON WINE REGION**

**When: Wednesday, 15 July**

Time: 15:30-19:00

Price: € 60,50 per person (Minimum of 20 participants)

Leave from: Lisbon University Campus

End at the: centrally located drop off points by the official hotels



Depart heading South of Lisbon, crossing the Vasco da Gama bridge, one of the longest in Europe, 17 kilometers, on the way to Azeitão. This region is famous for a small creamy lamb's cheese and the excellence of its wines. The tour will stop for a visit to the historical wine-cellar of José Maria da Fonseca, the producers of "Moscatel" wine, as well as many other wine qualities. At the end of the tour one will have the opportunity to sample the various wines here produced.

From Sesimbra the tour proceeds for a scenic drive by the coastal road along the Arrábida Mountain, a preserved Natural Park due to its unique vegetation in Europe, offering superb views over the mouth of the Sado River and the Atlantic Ocean.

The tour continues by passing through Setúbal, one of the most important fish-canning centers along the Sado River. A town of great traditions dated from the Celtic Cetobriga which housed the Roman settlers who held in Setúbal fish-salting tanks.

Return to Lisbon, via the April 25th Bridge, over the Tagus river.

## **ESTORIL AND CASCAIS**

**When: Wednesday, 15 July**

Time: 15:30-18:30

Price: € 50,00 per person (Minimum of 20 participants)

Leave from: Lisbon University Campus

End at the: centrally located drop off points by the official hotels



You will travel to Estoril and Cascais, as well as stop off at Cape Roca, the Western-most point of continental Europe.

We will follow the scenic road along the coast line to see the "point" where the Tejo River meets with the Atlantic Ocean.

The coast of Estoril and Cascais has attracted kings and queens since sea baths became fashionable in the end of the 19th century. Following the coastline, the tour will pass by Guincho Beach and Boca do Inferno (Hell's Mouth) an ocean carved spectacle in rock.

## ADDITIONAL OPTIONAL TOUR PROGRAM – ACCOMPANYING PERSONS

### FULL DAY TO ÉVORA

**When: Tuesday, 14 July**

Time: 10:00-17:00

Price: € 80,50 per person (Minimum of 20 participants)

Leave from: Lisbon University Campus

End at the: centrally located drop off points by the official hotels



Classified as "Museum Town and World Heritage" by the Unesco in 1986, Évora was first known by the Celts as Ebora, by the first Roman settlers as Ebora Cerealis and in 27 BC as Liberitas Julia. In the suburbs of Évora there are cromlechs, menirs and dolmens as well as remains from the Neolithic 3.500 BC.

In Medieval times the town held the courts of the Portuguese Kings of the 1<sup>st</sup> dynasty since 1165 and of the 2<sup>nd</sup> dynasty up to 1559. The Roman-Gothic Cathedral dating from 1186, the Church of St. Francis built in 1480 with the macabre Chapel of Bones, the ruins of the Roman Temple of Diana are some of the places of great interest to be visited.

Small streets with Manueline (Gothic-Naturalist) geminated-windows and porticos as well as the "Moucharabieh" verandahs of Mudejar influence, lead to the Praça do Giraldo, the meeting point of Évora's inhabitants.

Lunch is included and will be served at a regional restaurant.

## **FULL DAY TO ÓBIDOS, NAZARÉ AND FÁTIMA**

**When: Wednesday, 15 July**

Time: 10:00-17:00

Price: € 88 per person (Minimum of 20 participants)

Leave from: Lisbon University Campus

End at the: centrally located drop off points by the official hotels

Depart to Óbidos one of the most charming Portuguese villages, completely enclosed within the ramparts of the Medieval Castle.

Walking visit with entrance by the 18<sup>th</sup> Century arch covered in glazed tiles (azulejos), bright white small houses along cobblestone narrow streets, flower pots on window-sills, Gothic and Renaissance churches specially the beautiful Church of Santa Maria reminds the importance of Óbidos past.

Continuation of the tour to Nazaré, the most famous fishing town in Portugal.

Among the bright colored rowing-boats moored on the beach bathed by the Atlantic Ocean, one may watch the fisherfolk bring in the nets. A superb view is enjoyed from the "Sítio", a belvedere on top of the hill while in the streets you may observe women still wearing the traditional 7 skirts costumes.

Lunch is included and will be served at a local restaurant.

The tour will proceed to Fátima, the well known Roman Catholic Marian Shrine; Visit the Basilica and the Chapel of Apparitions that marks the spot where the 3 shepherd children had the visions in 1917.

Time at leisure for individual activities.

**If you would like to book a Tour please contact [marcia.martins@abreu.pt](mailto:marcia.martins@abreu.pt)**